

# FEBRUARY 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades 9-12 Lunch (NNC)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
<p>2-3</p> <p>WG Cheese Pizza Wedge - <b>V</b>                      Yogurt Parfait Wholesome Granola - <b>V</b>                      Toasted Cheese Sandwich - <b>V</b>                      Petite Baby Carrots - <b>S</b>                      Sweet Corn                      Fruit - <b>S</b>                      Fruit Juice</p>	<p>2-4</p> <p>Café LA Burger                      Chicken Caesar Salad                      Artisan Roll                      Deli Turkey &amp; Cheese Sandwich                      Fresh Garden Salad                      Ruffle Fries                      Frozen Fruit Cup                      Fruit Cup</p>	<p>2-5</p> <p>Chicken &amp; Cheese Sliders                      Chinese Chicken Salad                      Aloha Roll                      Pastrami &amp; Cheese Croissant                      Petite Baby Carrots - <b>S</b>                      Campfire Baked Beans                      Fruit Cup                      Fruit Juice</p>	<p>2-6</p> <p>Cheesy Pillows                      Chicken Caesar Salad                      Artisan Roll                      Yellow Submarine Sandwich                      Celery Sticks                      Waffle Cut Fries                      Fruit Cup                      Fruit Juice</p>	<p>2-7</p> <p>Teriyaki Beef Dipper Rice Bowl                      Chinese Chicken Salad                      Aloha Roll                      Classic Tuna Sandwich                      Petite Baby Carrots - <b>S</b>                      Broccoli Buds                      Fruit - <b>S</b>                      Fruit Juice</p>
<p>2-10</p> <p>WG Cheese Pizza Wedge - <b>V</b>                      Yogurt Parfait Wholesome Granola - <b>V</b>                      Toasted Cheese Sandwich - <b>V</b>                      Petite Baby Carrots - <b>S</b>                      Sweet Corn                      Fruit - <b>S</b>                      Fruit Juice</p>	<p>2-11</p> <p>Mini Chicken Teriyaki Sandwiches                      Chicken Caesar Salad                      Artisan Roll                      Deli Turkey &amp; Cheese Sandwich                      Fresh Garden Salad                      Campfire Baked Beans                      Frozen Juice Slush                      Fruit Cup</p>	<p>2-12</p> <p>Taco Bean Dip                      Crunchy Tortilla Chips - <b>S</b>                      Chinese Chicken Salad                      Aloha Roll                      Pastrami &amp; Cheese Croissant                      Tangy Salsa Cup                      Sweet Corn                      Cara Cara Orange                      Blood Orange                      Fruit Juice</p>	<p>2-13</p> <p>Café LA Burger                      Chicken Caesar Salad                      Artisan Roll                      Yellow Submarine Sandwich                      Ruffle Fries                      Celery Sticks                      Fruit Cup                      Fruit Juice</p>	<p>2-14</p> <p>Mama's Meatball Sub                      Chinese Chicken Salad                      Aloha Roll                      Classic Tuna Sandwich                      Petite Baby Carrots - <b>S</b>                      Waffle Cut Fries                      Fruit - <b>S</b>                      Fruit Juice</p>
<p>2-17</p> <p style="text-align: center;"><b>PRESIDENTS DAY HOLIDAY</b></p>	<p>2-18</p> <p>Cheeseburger Sliders                      Yogurt Parfait Wholesome Granola - <b>V</b>                      Toasted Cheese Sandwich - <b>V</b>                      Sweet Corn                      Ruffle Fries                      Fruit Cup                      Frozen Juice Slush</p>	<p>2-19</p> <p>Zesty Beef Chalupa                      Crunchy Tortilla Chips - <b>S</b>                      Chinese Chicken Salad                      Aloha Roll                      Pastrami &amp; Cheese Croissant                      Tangy Salsa Cup                      Celery Sticks                      Fruit Cup                      Fruit Juice</p>	<p>2-20</p> <p>Beef &amp; Cheese Taco Burrito                      Chicken Caesar Salad                      Artisan Roll                      Yellow Submarine Sandwich                      Fresh Garden Salad                      Sweet Corn                      Fruit - <b>S</b>                      Fruit Juice</p>	<p>2-21</p> <p>Turkey Burger                      Chinese Chicken Salad                      Aloha Roll                      Classic Tuna Sandwich                      Petite Baby Carrots - <b>S</b>                      Broccoli Buds                      Fruit - <b>S</b>                      Fruit Juice</p>

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

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**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

## Grades 9-12 Lunch (NNC)

*MENUS ARE SUBJECT TO CHANGE*

<p><b>2-24</b></p> <p>WG Cheese Pizza Wedge - <b>V</b>          Yogurt Parfait Wholesome Granola - <b>V</b>          Toasted Cheese Sandwich - <b>V</b>          Petite Baby Carrots - <b>S</b>          Sweet Corn          Fruit - <b>S</b>          Fruit Juice</p>	<p><b>2-25</b></p> <p>Orange Meatball Rice Bowl          Chicken Caesar Salad          Artisan Roll          Deli Turkey &amp; Cheese Sandwich          Broccoli Buds          Fiesta Pinto Beans          Frozen Juice Cup          Fruit Cup</p>	<p><b>2-26</b></p> <p>Salisbury Steak with Gravy          Aloha Roll          Chinese Chicken Salad          Aloha Roll or          Mexicali Salad          Crunchy Tortilla Chips - <b>S</b>          Pastrami &amp; Cheese Croissant          Petite Baby Carrots - <b>S</b>          Waffle Cut Fries          Fruit Cup          Fruit Juice</p>	<p><b>2-27</b></p> <p>Taco Bean Dip          Crunchy Tortilla Chips - <b>S</b>          Chicken Caesar Salad          Artisan Roll          Yellow Submarine Sandwich          Fresh Garden Salad          Sweet Corn          Fruit - <b>S</b>          Fruit Juice</p>	<p><b>2-28</b></p> <p>Garlicky Cheese Bread or          Beef &amp; Cheese Taco Burrito          Chinese Chicken Salad          Aloha Roll          Classic Tuna Sandwich          Petite Baby Carrots - <b>S</b>          Golden Hash Brown Patties          Fruit - <b>S</b>          Fruit Juice</p>

**Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat**

Posted 01/31/20

**All of the Grain/Bread items served are Whole Grain Rich.**

Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

**S:** Items with an (S) can be saved for later    **V:** Vegetarian items

\*\* Farm Fresh Fruits: Apple, Orange, Banana

Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito, 3-Bean Vegan Chili/Crunchy Tortilla Chips

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